Remembrance Day

Yesterday, our school captains, Sophie and Dylan, proudly represented our school by leading a minute’s silence as we paused to remember our fallen soldiers.

Remembrance Day falls on the 11th of November each year. On the 11th hour on the 11th day of the 11th month, a minutes’ silence is observed and dedicated to those soldiers who died fighting to protect the nation.

In Australia and other Allied countries, including New Zealand, Canada and the United States, 11 November became known as Armistice Day – a day to remember those who died in World War One. The day continues to be commemorated in Allied countries.

After World War Two, the Australian Government agreed to the United Kingdom’s proposal that Armistice Day be renamed Remembrance Day to commemorate those who were killed in both World Wars. Today the loss of Australian lives from all wars and conflicts is commemorated on Remembrance Day.

What is the origin of Remembrance Day?

11 November is universally associated with the remembrance of those who had died in the First World War. This conflict had mobilised over 70 million people and left between 9 and 13 million dead and as many as one third of these with no grave. The Allied nations chose this day and time for the commemoration of their war dead.

At 11 am on 11 November 1918, the guns on the Western Front fell silent after more than four years of continuous warfare. The allied armies had driven the German invaders back, having inflicted heavy defeats upon them over the preceding four months.

In November, the Germans called for an armistice (suspension of fighting) in order to secure a peace settlement. They accepted the allied terms of unconditional surrender. The 11th hour of the 11th day of the 11th month attained a special significance in the post-war years and became universally associated with the remembrance of those who had died in the war.

What is the significance of the period of Silence?

On the first anniversary of the armistice in 1919, two minutes’ silence was instituted as part of the main commemorative ceremony at the new Cenotaph in
London. Australian journalist Edward Honey proposed the silence. At about the same time, a South African statesman made a similar proposal to the British Cabinet, which endorsed it.

King George V personally requested all the people of the British Empire suspend normal activities for two minutes on the hour of the Armistice 'which stayed the worldwide carnage of the four preceding years and marked the victory of Right and Freedom'. The two minutes silence was popularly adopted and it became a central feature of commemorations of Armistice Day.

**The Unknown Soldier**

On the second anniversary of the Armistice on 11 November 1920, the commemoration was given added significance when it became a funeral, with the return of the remains of an unknown soldier from the battlefields of the Western Front.

Unknown soldiers were interred with full military honours in Westminster Abbey in London and at the Arc de Triomphe in Paris. The entombment in London attracted over one million people within a week to pay their respects at the unknown soldier's tomb. Most other allied nations adopted the tradition of entombing unknown soldiers over the following decade.

In Australia on the 75th anniversary of the armistice in 1993, Remembrance Day ceremonies again became the focus of national attention. The remains of an unknown Australian soldier, exhumed from a First World War military cemetery in France, were ceremonially entombed in the Australian War Memorial's Hall of Memory. Remembrance Day ceremonies were conducted simultaneously in towns and cities all over the country, culminating at the moment of burial at 11.00am and coinciding with the traditional two minutes silence.

**2015 Class Placements**

Teachers this week have begun the process of placing students into classes for 2016. This is a detailed process which we take very seriously with the intent of creating grades which have an academic, social, behavior and gender balance. We ensure that, as far as possible, all students are placed with at least one friend and ask that parents / carers trust us to do this. Once teachers have completed their placements, leadership will oversee and finalise the classes with requests from parents taken into account.

Our policy is to avoid moving students once classes are compiled, as this often results in a domino effect whereby other movements of children will also generally be required.

**Whole school transition**

Commencing Monday 23rd November, all students from years Foundation to 5 will be participating in a our whole school transition program. This is where our students will have the opportunity to move to their next year level classrooms. This may mean moving to a whole new building or perhaps just experiencing different classrooms within the same building. This will also provide the students with further opportunities to spend some time with teachers other than those they are most familiar with. The transition program spans over three consecutive Mondays (23rd Nov, 30th Nov & 7th Dec) with the final day being the ‘meet the teacher’ day. This is where our students will be in their classrooms and classes for 2016 and have the opportunity to meet with and spend some time with their designated teacher for next year.
New staff at DPS

With several teachers leaving Donvale PS this year, we have recently appointed new teachers to our school. I am pleased to announce that a dedicated Physical Education teacher has been appointed for 2016. We have also appointed a new Art teacher as Ruth Donaldson will unfortunately be leaving us for family reasons. Several new classroom teachers have also been appointed. All new teachers will shortly be introduced to our community. I’m sure you will all join me in welcoming the new staff to Donvale PS. We have some very exciting changes coming our way.

Student Reports

Teachers are currently in the process of assessing students and writing student end of year reports. This year, we will be trialing a new report format which has been developed based on both parent and teacher feedback. The Department has now provided schools with the opportunity to develop their own reporting format allowing each individual school to personalise student reports to their needs. Our focus is and always has been, to ensure that we provide you with an accurate and concise report of your child’s progress and achievements throughout the year. We believe that this report format does just that. We have made some changes but primarily the report will be based on the original format with some redesigning to ensure a more informative report of your child’s progress and achievements is presented. Parents will also be invited to make an appointment with their child’s teacher should they wish to meet with them to discuss their child’s progress further. End of year student reports will be going home on Friday 11th December.

- Some important dates for your diary:
  - Whole School Disco - Friday 13th November
  - Parent Helpers Morning Tea – Tuesday 1st December
  - Foundation Breakfast – Wednesday 2nd December
  - Meet the teacher day – Monday December 7th
  - School Council final meeting for 2015 – 9th December
  - Junior Chef Xmas Party – Wednesday 2nd December
  - Year 6 Graduation – Tuesday 15th December
  - Carols on the Lawn – Thursday 17th December
  - End Term 4 – Friday 18th December

Hope you’re having a wonderful week.

Lena Clark
## November

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<tr>
<td>9 Netball Clinic</td>
<td>10 2.00-3.15: 2016 Foundation Transition Lunchtime: Jnr Chef Group 5 7pm: Gr 3/4 Camp Info Night for parents</td>
<td>11 Lunchtime: One off Sushi/Japanese Cooking 7.00-8.30pm: 2016 Foundation Parent Info Night</td>
<td>12 13 SRC ‘Movember’ Day—selling choc milk at recess  7pm: Glamour &amp; Ghouls Disco: F/1/2: 4.30-6.00pm 3/4/5/6: 6.30-8.00pm</td>
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<td>30</td>
<td>2.30-3.30pm: Whole school transition</td>
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## December

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<tr>
<td>1 11.00-11.45: Parent Helpers Morning Tea</td>
<td>2 7.30am: Foundation breakfast Lunchtime: Jnr Chef party 5.30pm: Finance sub-committee meeting 6.00pm: Education sub-committee meeting</td>
<td>3 District sports round robin (5/6 students)</td>
<td>4 11.00am: SRC ‘Chill Day’ - selling frozen fruit</td>
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<tr>
<td>7 2.30-3.30pm: Whole school transition</td>
<td>8</td>
<td>9 Whole school swimming program Final School Council meeting</td>
<td>10 Whole school swimming program</td>
<td>11 Whole school swimming program Reports go home</td>
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<tr>
<td>14 Whole school swimming program 4.30-6.30pm: Donvale basketball break-up in Snr building</td>
<td>15 Whole school swimming program Gr 6 Graduation night at Whitehorse Centre</td>
<td>16 Whole school swimming program</td>
<td>17 Carols on the lawn</td>
<td>18 Last day Term 4: 1.30 dismissal</td>
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FIT CLUB

It's good to see the group growing with more and more people coming to join us. We meet every Friday morning after drop off and exercise until around 9.45am.

It's free, everyone is welcome. Meet us in the GP room, bring a bottle of water and fitness mat if you have one. For all fitness levels, do as much as you can or are comfortable with.

It's a great way to support each other in a positive way.

Hope to see you there.

Any questions please contact Laura (Giorgia F1HW) or Barbara (Theo 12C, Amanda 56W) or Alex (Patrick 12W)

Whole School Disco

The following items will be on sale from the canteen on the night

DPS DISCO CANTEEN PRICE LIST - Friday 13th

GP Room

| Item                                           | Size    | Price
|------------------------------------------------|---------|-------
| Red Rock Deli Chips - Sea Salt (small pack)    | 28g     | $ 1.00
| Red Rock Deli Chips - Salt n Vinegar or Honey Soy Chicken | 45g     | $ 2.00
| Smiths Chips - Plain                          | 45g     | $ 2.00
| Quench drink bottles 70% reduced sugar        | 350ml   | $ 2.00
| Flavours - Blue Heaven, Apple Raspberry, Orange, Lemon Lime | 350ml   | $ 2.00
| Water Bottles                                 | 350ml   | $ 1.00
| Quelch tube Icy Poles                         |         | $ 1.00
| Joo Joos lolly bags                           | 65g     | $ 1.50
| Cadbury Chocolate Frogs                       | 15g     | 50 cents

Growing Healthy Minds

Two weeks ago, I included an informative article from the Mighty Girl website, ‘Withholding friendship as a weapon’. The article referred to Relational aggression; a form of bullying in which kids use their friendship--or the threat of taking their friendship away--to hurt someone. Social exclusion, shunning and rumor spreading are all forms of this pervasive type of bullying that can be especially beguiling and crushing to kids.

This week, I came across another great article from the Mighty Girl website, which I think is important for parents and educators to read in order to make the distinction between rude, mean and bullying behaviour which occurs with children on the odd occasion.

The articles posted on the Mighty Girl site are not just relevant to girls. Much of the information is also helpful to parents and educators of young and adolescent boys. Take a look! http://www.amightygirl.com/

Happy reading!

Lashay Cartledge
Rude vs. Mean vs. Bullying: Defining the Differences

Signe Whitson
Author; Child and adolescent therapist

Signe Whitson, a child and adolescent therapist, has a timely message for parents and educators: “there is a real need to draw a distinction between behaviour that is rude, behaviour that is mean and behaviour that is characteristic of bullying.” In a HuffPost article, she clarifies the way she identifies the difference and asks adults to remember that distinguishing between them allows “teachers, school administrators, police, youth workers, parents and kids all know what to pay attention to and when to intervene.”

Whitson’s article was prompted by an encounter with a parent, who told her, “Last week, my daughter was bullied really badly after school!” and then went on to describe what Whitson characterized as a benign encounter between playful children throwing leaves. She writes, “While I always want to be careful not to minimize anyone's experience... if kids and parents improperly classify rudeness and mean behaviour as bullying -- whether to simply make conversation or to bring attention to their short-term discomfort -- we all run the risk of becoming so sick and tired of hearing the word that this actual life-and-death issue among young people loses its urgency as quickly as it rose to prominence.”

So how does Whitson define the differences? Rude, she says, is “inadvertently saying or doing something that hurts someone else.” In children this takes the form of social errors like “burping in someone's face, jumping ahead in line, bragging about achieving the highest grade or even throwing a crushed up pile of leaves in someone's face.” The critical factor? “Incidents of rudeness are usually spontaneous, unplanned inconsideration, based on thoughtlessness, poor manners or narcissism, but not meant to actually hurt someone.”

Being mean involves “purposefully saying or doing something to hurt someone once (or maybe twice).” Unlike unthinking rudeness, “mean behaviour very much aims to hurt or depreciate someone….Very often, mean behaviour in kids is motivated by angry feelings and/or the misguided goal of propping themselves up in comparison to the person they are putting down.” And while Whitson agrees that both rudeness and mean behaviour require correction, they are “different from bullying in important ways that should be understood and differentiated when it comes to intervention.”

Bullying is “intentionally aggressive behaviour, repeated over time, that involves an imbalance of power….Kids who bully say or do something intentionally hurtful to others and they keep doing it, with no sense of regret or remorse -- even when targets of bullying show or express their hurt or tell the aggressors to stop.” Whitson gives examples of multiple kinds of bullying, including physical and verbal aggression, relational aggression (like social exclusion, hazing, or rumor spreading), and cyberbullying. The key aspect to all of them is the ongoing nature of the behaviour, which leaves the victims feeling powerless and fearful.

As we continue to improve our response to bullying, she asks all adults who interact with children to remember that “a child's future may depend on a non-jaded adult's ability to discern between rudeness at the bus stop and life-altering bullying.”

To read Signe Whitson's entire article on HuffPost, visit http://huff.to/1XIDuIT

Whitson is also the author of the bullying prevention book for parents and educators, "8 Keys to End Bullying: Strategies for Parents & Schools" at http://www.amightygirl.com/8-keys-to-end-bullying
For our top picks of bullying prevention books for kids, we feature our favorite titles for preschool and early elementary-aged children in our blog post, "The End of Bullying Begins With Me": Bullying Prevention Books for Young Children," at http://www.amightygirl.com/blog?p=10255

In the second post, we feature recommendations for tweens and teens: "Taking a Stand Against Bullying: Bullying Prevention Books for Tweens and Teens" at http://www.amightygirl.com/blog?p=10257

In our final post, we share resources for parents and educators to help them better understand childhood bullying and learn how best to respond to it: "Leading the Way: Bullying Prevention Books for Parents and Educators," at http://www.amightygirl.com/blog?p=10259

We also recommend books to help teach your Mighty Girl how to be a good friend in our blog post: “Making and Keeping Friends: Mighty Girl Books About Friendship” at http://www.amightygirl.com/blog?p=4661

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**Milk Moustache**

The SRC have decided to have a Movember event. We are doing this to raise funds and awareness for men's health.

**MOVEMBER**

Tomorrow the SRC will be running a Milk Moustache day. Just buy some flavoured milk for $1 at the canteen, drink it then get your photo taken by the SRC with your best milk moustache. Best moustache wins a prize which will be awarded at assembly. And remember, we'll be looking for the best moustache, not best beard, mess or uniform malfunction!!
This week’s session went very well. The children made batter from scratch, only using a handful of ingredients. They turned a simple pancake into masterpieces when they paired them with their wrapping skills, fresh fruit and of course, ice cream.

Thank you to Marina Younger, Kate Kraus, Laura Emozione, Jacinta Erwin, Jan Nitsos, Barbara Hoglund, Michiko Cruse, Aya Chan, Nat Tsui and Martin for helping with the program. Also thank you to the Tsui family for their food donation.

Yesterday, we felt like we were in Japan. Lucky us, as three Mums with Japanese heritage went a long way to make sure that the day went well. Arigato gosaimas to Nat Tsui and her team helpers for making this happen.

Next Tuesday is the turn of group 6 to be creative in the kitchen with us.

Ingredients we need are any fresh fruits.

We handed out the Christmas invitations last week. Please RSVP if your child would like to come. All the regular little chefs are invited, but if your child is in any of the one-off sessions and would like to join us please send in $5 to the office. The children have already requested many items to be added to the menu for this event. Hopefully we can manage to make all of them.

We don't cook, we create food.

Liang Dimitroff

FROM THE SWEET KITCHEN

- Coco C 34E: I never knew that all of those simple ingredients could make something so yummy.
- Harrison M 34M: I loved it. I loved all the ingredients you had, it made it so yummy and unique.
- Charlotte E FGH: Yummy, yummy, yummy.
- Naysa G FGH: It's delicious and really good for summer.
- Cooper C FGH: very yummy.
- Stephanie B FB: It tastes nice.
- Georgia G FB: They're good.
- Aeryn K FB: It was yummy.
- Mira C 34M: It tastes good.
- Ava H 34M: So good I went back for seconds!
- Sophie S 34M: It looked weird, but it tasted delicious.
- Jesse Y 34R: Perfect.
- Ryan A 34R: It was good.
- Sebastian K 56C: It was great.
- Zac N 56C: It was tasty.
- Anastasia T 56C: So delicious, I wanted more.
- Sophie L 56C: It was like no pancake I've ever tasted.
- Chantelle F 56C: fun to make and simple.
- Gemma G 34R: I thought it was creative.
- Connor R 34E: I think it was really nice.
FROM THE SUSHI STATION:

Today's theme was Californian rolls, so we started to talk about what ingredients we need. Then we explored our own sushi creation with two students paired up to roll their own special sushi, using carrots, cucumber, crab sticks, lettuce, tuna and crispy chicken! We also made 'hand-roll' sushi, using a quarter size small seaweed. Everyone rolled very well and enjoyed the process of picking the ingredients. Finally, all of us tasted our yummy creation with a dip of soy sauce. Some even spoke fluent Japanese, 'Arigato (Thank you)' with much confidence. Well done everyone! Sayonara, Nat Tsui, Aya Chan and Michiko Cruse.

- Hayden F. 12C: It was super good and I enjoyed making it
- Gemma G. 34R: It was fun making it
- Chloe C. FB: yummy!
- Luca L. 34R: Messy but delicious
- Noah L. 12SM: Delicious
- Kirra W. 34E: It was really interesting to see how it is made and it is delicious
- Jedd W. 12C: Fantastic!
- Amy L. 12W: It is really really really good and I enjoyed making it.
- Sophie L. 56C: It tastes really good! Better than the one I get from the shops!
- J esse Y. 34R: Delicious!
- Rosamund H. 12C: I like the crab sticks and the chicken!
- Eva S. 34E: It is delicious and I want to have it every day!
- Amelia S. 12W: I really like it. It was scrumptious!
- Will E. 34E: My favourite food!
- Alyse C. 34R: It was delicious but messy.
- Giorgia E. F1HW: love it! Awesome!
- Amanda H. 56W: Really nice
- Theodore H. 12C: Delicious and fresh.
**Basketball**

**U11 Boys Destroyers**

We played another exciting match this week against the best Serpells/St Charles team in our age group. This team knocked us out of the final last semester and we were keen to avenge our loss of over 20 points from earlier in the season. After a few chances and misses by both teams in the closing minutes of the game, the Destroyers were defeated 28-25 in a hard fought match. We are getting close boys: next time it's our turn!

**Daredevils** – had a tough game Saturday, few interesting moves, and some sleepy athletes (from the Grade 2 sleepover & an all-round busy week!) meant that the scorecard didn't go our way. Big thanks to Pete T for helping out the team – legend!!

After a great night having a sleep over at school, the tired **Demons** put up a good fight to lose by 2 points!

Fantastic win **Dolphins**, great game by our Grade 1’s with Allie E scoring her first goal!! The Dolphins won a close one by 2 pts. Great defence from Bani K and Allie E. Next game Sat 14th Nov 11am DISC Court 2.

Great game played by the **Dreamers & Daisies**. Dreamers took out the win with a fantastic game played by all with lots of smiles and laughs. Special mention to the Brown sisters who played a strong & fun spirited game against each other.

Rego forms & $60.00 due for 2016 for new & current players!

Please give to your Team Managers ASAP.

Remember these parents volunteer their time & energy in helping out our teams. Please make their job easy!
Dear families,

This week we have been exploring healthy lifestyle choices at OshClub.

One of the most interesting activities was creating our “Rethink your drink” poster where students researched the amount of sugar that is in some of our most popular drinks. As a result the children have engaged in many discussions around healthy drink and food choices. This week, I also attended a training session with Nutrition Australia and have returned to the program with some wonderful, healthy food options for our menu and cooking items. The children have put forward some great food suggestions that we will integrate into the program planning and I would love to hear from parents and families as well. So if you have a healthy family favourite snack idea please let me know!

Next week we will be Spring cleaning the Osh room and decorating it with the children’s artwork. We have also been exploring a range of group games and so we will be continuing with this but focusing on summer sports such as cricket and tennis.

Remember bookings can be made right until 12pm the night before, or you can book on the day by calling or leaving the text message but there will be an extra charge of $3.00 for bookings within 24 hours. If you’re ever stuck and would like your child to attend OSH After School Care you can call me or leave a message on 0402 362 443 and I will get back to you. For some reason if you need to cancel the child from attending the after school care session you can cancel online if it is before 24 hours or leave a text message on the program phone (0402362443/98422261) if it is on the day.

Please remember to update the contact details (Especially the phone numbers and address) on the enrolment form if there is any change. This can be done online at www.oshclub.com.au

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<tr>
<td>Before Care</td>
<td>Cooking: Scrambled eggs</td>
<td>Games: Board games</td>
<td>Craft: Friendship bracelets</td>
<td>Reflection journal</td>
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<tr>
<td>Activities</td>
<td>Game: Hospital tag</td>
<td>Game: Master Blaster</td>
<td>Craft: Children's portfolios</td>
<td>Clean up the Osh Room</td>
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<td>Sport: One touch soccer</td>
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<td>Game: GaGa ball</td>
<td>Playground fun</td>
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<tr>
<td>After Care</td>
<td>Inquiry: Our local area poster</td>
<td>Cooking: pumpkin scones</td>
<td>Art: Summer paintings</td>
<td>Clean up Osh Room</td>
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<tr>
<td>Activities</td>
<td>Sport: Cricket</td>
<td>Drama games</td>
<td>Sport: tennis</td>
<td>Child initiated group games</td>
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<td></td>
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<td>Game: Walkie Talkie hide and seek</td>
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OSH program phone: 0402 362 443/9842 2261
Coordinator: Kate
Assistants: Caroline and Emily
OSHClub Head Office: 03 85649000

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.
Parent’s Association

Milky Moustache Recess!!

This Friday. Organised & served with love by the SRC.
(Brain freeze) Icy Poles back next week.

The Bunnings Barbie was a huge fundraiser, with over 740 snags sizzled and sold.
A big thanks to the famous families who helped on the day
Moule, McGuire, Farrell, Younger, Webber, Kraus, Bishop, Mangonis, Bosdorf, Yeoman, Neal, Brown, & Loccisano family.

Huge shout out to Kim Merton & Jo Wood who worked setting up the event,
then worked excessive hours at the tent on the day.
What troopers, thanks for all that you do!!

Who cares!!! As long as we get to eat it.....

Pizza & Prima Drink Meal Deal – Friday 20 November
Lunch will be served after completion of the lap-a-thon.
Form coming home this week.
Orders due by Wednesday 18th November. Yum!

House Sports Day @ School – Walk/Run Lap-a-thon.
Includes a special treat from PA!!
Helpers needed, leave your name @ the office if you can help out.

Disco Fever at the DPS Disco.
Friday 13 Nov! - Ghouls & Glamour.
Dress up and show off your moves!

Cadbury Marvellous Creations blocks of chocolate
on sale at office for $3.
A delicious bargain!
Birthday Wishes To

Daniel S, Zoe S

Who are celebrating birthdays from 13th to 19th December

Advertising Material

The Department of Education & Training, Donvale Primary School its Management, and teachers do not endorse the products or services of any advertiser listed in this publication. No representation, warranty or undertaking is given or made in relation to the accuracy or completeness of the information presented in this publication, or any claims made by the advertisers.

More information on the following advertising is available from the office:

BrainBuilder  - Maths enrichment program.

E-Focus   - Offers courses in aged care, disability, community services.

Beverley Hills Junior Football Club  - Calling all girls to try out Girls Footy 2016. Family fun registration day 7th Feb 2016 10am to 1pm. Register your interest.

Manningham— Free Family event. Pop up circus.

'Donvale Netball Club:

If you are interested in starting netball, Donvale Netball Club offers teams for boys and girls in 9/under, 11/under and 13/under.

If you are a beginner, there are also NETSET-GO Clinics for Foundation to Grade 3 children.

Netball is a great way to keep fit, to become part of a team and meet new friends.

Training is on Tuesday nights at Templestowe courts. Games are played on a Saturday.

Further information is available from the Office or on our website at www.donvalenc.com.au.'