Our Values

* Respect
* Responsibility
* Resilience
* Compassion

Working Bee: It was terrific to see many new families join us last Sunday at our Working Bee where we were able to accomplish many significant tasks. The raised garden beds were placed into position and filled with soil. These are now just about ready to plant. How exciting for our children who will now be able to grow their very own vegies, fruits and herbs. Once we have placed the fence and secured the area, it will all be ready to go. The garden bed in front of the mosaic wall on the GP building was planted. This looks wonderful and beautifully complements the building. This area is simply looking fantastic! Several hardworking dads spent the morning spreading mulch around the Junior playground; this area now looks fresh and rejuvenated. We finished off with a delicious BBQ lunch that was prepared for us by Marina Younger, Liang and Martin Dimitroff – many thanks for feeding the very hungry workers! I would like to send out a very big THANK-YOU to the following staff and parents for spending their Sunday morning helping us with these tasks.

Thank you to Mr McKinlay, Mrs Erskine-Behr, Mr O’Connor, the Valentine, Kraus, Raftopoulos, Younger, Morris, Waycott, Dimitroff, Hoglund, Fraser, Jaeggi, Webber, Nitsos and Cowell families – you are all wonderful!

Changed parking conditions: I have recently been informed by Manningham Council that they will shortly be placing ‘No Standing’ signs at the Aranga Cres ramp drive up adjacent to our school oval. There is no standing between the hours of 8.30am – 9.30am and 3.00pm – 4.00pm. It has been agreed that this area poses a significant safety issue for our students entering and exiting the school during the beginning and end of the school day. I ask parents to please adhere to these ‘No Standing’ signs to support us in ensuring that our children remain safe when walking to and from school.

Chaplaincy / Well-being Officer: Our school was recently most fortunate to receive funding to support the employment of a Chaplain / Well-being Officer to our school. Chantelle Olafsen, a fully qualified Chaplain and Youth Worker has now commenced at Donvale and is taking the time to get to know all our students and staff. Her role primarily will involve assisting students with navigating issues faced in life including anxiety, grief, self-esteem, bullying and family issues. She can support and mentor students to become more confident with life and relationships. She can also support and mentor parents to assist with issues faced by their children in life and school. As with all our services
such as Psychologist and Speech Therapist, Mrs Olafsen will work with students and their families on a referral basis only. If you have good cause to see that your child is referred to the program, I would appreciate it if you could please contact your child’s teacher. I know that you will join me in welcoming Mrs Olafsen to our wonderful community.

**Tabloid Sports Day:** Our wonderful team of teachers have organised a Tabloid Sports Day to be held tomorrow from 11.30am to 1.30pm. All students are asked to come in their school team colours (**Team color T-shirt and school sports shorts**) and enjoy the fun and competition. An assortment of activities have been planned for our students who, I know, will thoroughly enjoy the event. All families and friends are invited to come along and cheer on the children. It is going to be a terrific day.

**HELP WANTED!**

We would really appreciate it if there are any very handy parents who can volunteer their time to help us build the fence and gate around our new garden beds. This will involve putting some posts in the ground and attaching the fence panels and gate. If you have some free time and are willing to help out, we would love to hear from you. Please contact Mrs Erskine-Behr or the office and we can take it from there.

Finally, I will be taking leave from tomorrow and will return to school at the commencement of Term 2, Monday April 13. Ian McKinlay will be Acting Principal and Rick Gordon Acting Assistant Principal in my absence. I would like to congratulate the staff and our community on a very settled start to the 2015 school year and wish everyone a wonderful and relaxing end term break. I look forward to seeing you all safe and well upon our return to school after the holidays.

**Lena Clark**

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### March

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<td>1.40: National Boys Choir Auditions</td>
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<td>12.30-1.30: Family Life for Level 5/6</td>
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<td>1.30pm: Parents Association meeting Icy pole sales at recess Whole School House Tabloid Sports</td>
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<td>Last day Term 1: 2.30 dismissal Icy pole sales at recess</td>
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### April

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<tr>
<td>Term 2</td>
<td>Bushwahzee Incursion: 9.30-10.15: Performance 6.00-7.30pm: BBQ/Picnic dinner</td>
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**Chickenpox Alert**

We have had a confirmed case of chickenpox in the school. For chickenpox, the time from infection to the appearance of the rash (incubation period) is around 14 to 16 days. A few days before the appearance of the rash, the person may feel feverish and have a sore throat and headache.

People at increased risk of catching or having complications from chickenpox include:

- newborn babies – there is an increased risk of severe illness in the first 28 days of life
- pregnant women – who have not had chickenpox or been immunised for chickenpox
- people who have a weakened immune system.

**FROM THE OFFICE**

**Bush Dancing Incursion**

Just a reminder that money for the Bush Dancing Incursion is due tomorrow (20/03). The fee is $8.50 per student and includes a performance by the Bushwazee band and a workshop where students will be learning and participating in various bush dances.

Later that evening the school community has the opportunity to enjoy a BBQ or picnic together before student performances. Sausages will be sold by our lovely Parents Association.

Please note that students are still encouraged to participate in the Bush Dancing Incursion during the day regardless of if they are able to attend the BBQ picnic that evening or not. The $8.50 covers the fee for the Bushwazee band to visit us during the day and therefore all participating students are expected to pay this.

**Grade 6 Bomber Jacket**

Do you need a spare grade 6 bomber jacket? – we have a size C14 for sale at $45.00 (brand new). See Wendy or myself if you are interested.

Thank you

_Samantha Browne_

**School Photos**

Photo day is **Monday 20th April**. Students are required to wear full school uniform on this day. If your son or daughter’s class has sport on the day, make sure you pack in their sports uniform so that they can change once photos have been taken.

**Year 6-7 Transition**

Do you have a Year 5 or Year 6 student at Donvale Primary School? It’s time to start thinking about Secondary Schools for 2016-17. All local Secondary Schools offer tours by appointment as well as Open Nights. There are many things to consider when choosing the right Secondary School for your child. Please come see the Transition Information Board in the Senior Building for flyers and booklets. If you have any questions/concerns, call the Secondary School Office directly or come chat to me.

*A child without education is like a bird without wings*  
_Tibetan Proverb._

_Emily Wallis_

_Year 6-7 Transition Coordinator_
Growing Healthy Minds

I came across this comprehensive and very helpful article on anxiety in children. I have included a just snapshot in Snippets and have provided a link below in order for parents to access the article in its entirety. Please take the time to read the article, and if necessary, try some tips and tricks with your children at home.

Anxiety in Kids: How to Turn it Around and Protect Them For Life

Anxiety is a normal response to something dangerous or stressful. It becomes a problem when it shows up at unexpected times and takes a particularly firm hold. When anxiety is in full swing, it feels awful. Awful enough that anticipation of the feeling is enough in itself to cause anxiety.

We already know that anxiety has nothing to do with strength, courage or character. It picks a target and it switches on.

When that target is a child or teen, it can be particularly distressing, causing problems with sleeping, eating and missed school from unexplained illnesses such as sick tummies or headaches.

One of the worst things about anxiety is the way it can happen without any identifiable cause. The physical feeling is familiar – that panicked feeling that comes when you miss a stair or as my daughter recently described, ‘that feeling you get when you’re almost asleep and you feel like you’re falling.’ (‘Yes, we’ve dealt with it in our home too. It’s under control now, so I can assure you this works.)

The good news is that anxiety in kids is very treatable and they are particularly responsive. I often think we don’t give them enough credit. They’re so open to possibility, and very quick to make the right connections when they’re given the right information and support. As the adult in their life, you’re the perfect one to give it.

Anxiety in Kids and Teens: Turning it Around

Don’t talk them out of it.

Normalise.

Explain why anxiety feels like it does.

Explain how common anxiety is in adults and kids.

Give it a Name.

Get Them Into Position

Breathe.

Practice mindfulness.

Please click on the following link for a very comprehensive description of the 8 steps above.


Lashay Cartledge, on behalf of the KidsMatter Action Team

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Student Banking

There will be no banking next week (last day of Term 1).

Please make sure that money is sent to school in the correct Dollarmite deposit envelope and with the deposit book. Thank you
Donvale Primary School’s

Tabloid
Sports Day

Please join us for a fun filled sports house competition!

When: Friday the 20th of March 11:30am to 1:30pm
Where: Donvale Primary School Oval

Please dress in your house colour for the day by wearing a T-shirt or hair ribbon etc.

say cheese
School Photo Day is
April 20, 2015

Have your child’s school memories captured forever

Please take time to read the relevant information on the MSP Photography payment envelopes and remember these helpful points:

- Don’t seal envelopes inside each other. You can pay for all children in one envelope however each child needs to have their own envelope on photo day
- Family envelopes are available at the school office upon request
- Please enclose correct money as no change is given. Payment options are cash, credit card and on line.

For any enquiries, please feel free to contact us

ea data.nem@msp.com.au
p +61 3 9466 7331
f +61 3 9466 7332
www.msp.com.au
Junior Chef Club

The team helper’s roster, Term 2 timetable and Junior Chef kitchen rules are going home today. Please check with your child's class teacher if your child doesn't get them. All this information is also on the wall in the junior chef room. Feel free to go there to check if you need to.

This year the cookbook will be distributed via email next week.

Term 2 timetables:
- Group 1: Tuesday, 21 April 2015
- Group 2: Tuesday, 28 April 2015
- Group 3: Tuesday, 5 May 2015
- Group 4: Tuesday, 12 May 2015
- Group 5: Tuesday, 2 June 2015
- Group 6: Tuesday, 9 June 2015

This year the group leaders are:
- Group 1: Joel D-B 56G and Anise B 34R

Congratulation to all the leaders, I am sure they will do a great job helping in the program.

We decided not to have room monitors this year, as we believe that keeping the room clean is everyone's job.

Thank you to Marina Younger, Martin and a few of the little chefs (too many to list) for helping with the preparations.

Yes, there was a lot of preparation to make sure that this year will be a delicious one.

We don't cook, we create food.

Liang Dimitroff

Basketball

Basketball times for games on Saturday 21st March.
Dynamites vs OLOP Firebirds at 3.10pm at the DISC 1
Destroyers vs OLOP Rockets at 1.30pm at DISC 2
Demons vs OLOP Panthers at 11.50am at the DISC 2
Daredevils vs OLOP Pythons at 12.40pm at DISC 1
Dreamers vs OLOP Pelicans at 9.20am at the DISC 2
Daisies have a Bye
Daffodils have a Bye
Diamonds vs Beverly Hills Bluebirds at 11.00am at the DISC 1
Dolphins I am sorry I don’t have your new fixture and am unsure what time your game is.
Daisies will be training in the GP room on Tuesday the 24th of Mar.
The Dreamers had a slow start in the first half but got there in the end. Well done to Nadia for playing a great game.
The Destroyers had a tough and close game but won over in the end. Congratulations to Andrew for a great start to the season.

A reminder that sport shoes must also be worn by players when training at the DISC and food and drink is to be kept off the court area.

Daniel Horton

OSHClub News

Before School / After School Care Program

Program Update

Dear families,

Already we are at the end of the term! We have a fun packed “Easter themed” week planned for our last week of term. We will be going on an Easter hunt, doing egg experiments and lots of bunny and Easter crafts!

I hope you all have an enjoyable and relaxed Easter break. Looking forward to seeing you all next term.

Special welcome to our new OshClubbers, especially all our new Prep students. New parents and students: Please feel free to drop in at any stage to orientate yourself with the program and to meet the staff before your first day at OshClub.

Remember to bring your hats everyday as we follow “No hat, no play” policy in Term 1.

Thanks,
Kate

Remember bookings can be made right until 12pm the night before, or you can book on the day by calling or leaving the text message but there will be an extra charge of $3.00 for bookings within 24 hours. If you’re ever stuck and would like your child to attend OSH After School Care you can call me or leave a message on 0402 362 443 and I will get back to you. For some reason if you need to cancel the child from attending the after school care session you can cancel online if it is before 24 hours or leave a text message on the program phone (0402362443/98422261) if it is on the day.

Please remember to update the contact details (Especially the phone numbers and address) on the enrolment form if there is any change. You can do so online.

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<td><strong>Before Care Activities</strong></td>
<td>Beaded Easter Egg</td>
<td>Easter Bunny mask</td>
<td>Easter Word search</td>
<td>Easter Cards</td>
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<td>Silent Ball</td>
<td>Charades</td>
<td>Memory Game</td>
<td>Heads down, thumbs up</td>
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<td><strong>After Care Activities</strong></td>
<td>Egg and Spoon Race</td>
<td>Nosey Easter Egg Roll Game</td>
<td>Easter egg hut</td>
<td>Balloon animals</td>
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<td>Make an Easter hunt</td>
<td>Chicken craft</td>
<td>Yarn eggs</td>
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<td>Bouncy Egg Experiment</td>
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<td>Playground fun</td>
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OSHC program phone: 0402 362 443/9842 2261

Coordinator: Kate    Assistants: Caroline and Jennifer    OSHClub Head Office: 03 85649000

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.
ICY POLE RECESS - $1.00 treats!
FRIDAY 20 MARCH
Sales from the canteen window at recess

Change of date!!
Visit to the Cadbury Factory
Friday 27 March – 1pm at the Cadbury Factory Shop,
323 Canterbury Road, Ringwood.
Must wear covered shoes.
No children allowed. No high heels. No holding back!
Places still available.
RSVP to Kim Merton – 0407 447 434.

@ THE PA MEETING
FRIDAY 20 MARCH
1.30PM IN THE LIBRARY
All welcome. Free Hugs.

Last Week!! Send your money in!
Cadbury Chocolates.
Please return money from chocolates sold this week.
Thanks for your support.

Q: What happens when you mix music trivia with Karaoke?
A: Trivioke & a whole lotta fun!

Donvale Primary will be the
Saturday 23 May.

Coming to a Term 2 near you......
⇒ Entertainment Books - available in May.
⇒ Bush Dance BBQ - Tuesday 14 April.
⇒ Mothers Day Stall - Friday 7 May.
⇒ Trivia night - Saturday 23 May
⇒ Asian Meal Deal - Wednesday 27 May.
⇒ Dim Sim & Sausage roll recess sales!! Mmm all good things.

Any new items for hampers gratefully accepted.
More event info out Term 2.
Birthday Wishes To

Patrick Z, Emma W, Issac L

Who are celebrating birthdays from 20th to 26th March

Advertising Material

The Department of Education & Training, Donvale Primary School its Management, and teachers do not endorse the products or services of any advertiser listed in this publication. No representation, warranty or undertaking is given or made in relation to the accuracy or completeness of the information presented in this publication, or any claims made by the advertisers.

More information on the following advertising is available from the office:

Victorian Dance Academy - Ballet, Jazz, Tap and more... Studio in Mitcham.

Pines Learning - Adult Community Education Program - ESL, have fun in the kitchen cooking and learn English at the same time! New program! Friday 8th May—26 June.

HOLIDAY PROGRAMS

Bubble Dome - Minecraft, Lego architecture, Fizzbox and more...

Deep Creek Anglican Church - 8th-10th April, 9.30-12.30.

East Doncaster Secondary College

Year 7 2016 Information Night

When: 6:30pm Tuesday 5 May 2015
Where: EDSC Sports Centre. 20 George Street, East Doncaster, 3109
Ph: 9842 2244    F: 9841 8010    E: www.edsc.vic.edu.au

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