Parent Survey: On Monday of this week, a survey was sent out to all Donvale PS families. Each year around this time, we seek feedback from our parent community with respect to our curriculum, programs, resources and facilities. Great schools are very dynamic places where change and evolution is continual. In order for us to provide the best teaching and learning opportunities to all our students we must be prepared to change and evolve as required. Your constructive feedback that supports us in allowing us to continue on our journey of continual improvement is extremely important to us. We very much listen and value what you have to say. I strongly encourage you all to please take the time to complete our survey particularly in the areas where it is most relevant to you and your child/ren. It would be appreciated if you could return your completed survey to the office no later than Friday 31st October.

Parent Requests: Well it’s that time of the year again where we start to plan and prepare for our 2015 classes. Leadership is currently working on our 2015 grade structure and staffing. Once this is finalised, the teachers can begin the process of creating the classes for next year. I’m sure that you can all appreciate that this is not an easy task. It takes many weeks of work, discussion and consultation. Every year, I ask for parents to forward to me any requests they have for their child’s placement next year. This is with particular reference to friendship groups only. I will aim to accommodate these requests where possible. Please understand, however, that as we are not a large school, it is extremely difficult to accommodate all the requests I receive – although we do try! I ask that you do not request certain teachers for your children as I will not be accommodating this. Please ensure that if you have any class placement requests for your child/ren, that you forward this to me in writing no later than Friday 31st October. Unfortunately, due to the difficulty of this task, any requests forwarded to me after this date will not be considered.

Hope you are having a wonderful week.

Lena Clark
### October

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<td>Summer Sport back-up day</td>
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<tr>
<td>9.15-10.30: Foundation 2015 Transition</td>
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<td>Senior Hooptime Regional Finals 4.00-9.30pm: Whole school disco</td>
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<tr>
<td>9.00am: Parent’s Association meeting</td>
<td>9.30-2.30: Foundation Farm Excursion</td>
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<td>Jnr Hooptime Regional Finals 2.00-3.15: Foundation 2015 Transition</td>
<td>Assembly: Music Count Us In - whole school song</td>
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### November

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<tbody>
<tr>
<td>3 CURRICULUM DAY - Student Free Day</td>
<td>4 MELBOURNE CUP DAY—Public Holiday</td>
<td>5 9.15-10.10: 2015 Foundation Transition Session</td>
<td>6 St. John First Aid Training for all students Level 2 Sleepover</td>
<td>7 Level 1 &amp; 2 Camp Activity Day 4pm onwards: Vision Portraits Fundraising in the G.P. Room</td>
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<td>12 Meal Deal - Hot dog/muffin Lunch</td>
<td>13 2.15-3.15: 2015 Foundation Transition Session 7.00-8.30pm: 2015 Foundation Parent Info Night</td>
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<td>All day: Level 3 &amp; 4 Excursion to Scienceworks 3.30: Parent Association meeting</td>
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<tr>
<td>18 7.30pm: End of Year Celebration Concert</td>
<td>19 7.00pm: School Council meeting</td>
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<td>Level 3 &amp; 4 Camp to Phillip Island</td>
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<td>Level 3 &amp; 4 Camp to Phillip Island</td>
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Skoolbag App

Just a reminder about the new Donvale Primary School App. We need to get at least one person from each family to have this app on their phone or tablet.

Please take the time to download the app on all your mobile devices and tablets (it’s a phone app but will work on iPads) and register for each year level in which you have a student. This will allow us to send specific reminders and information to targeted groups about year level excursions, camps, class parties etc.

Go to the App store or Android Play Store and search for Donvale Primary School. It’s free to download. (If you have downloaded it but have trouble opening it, shut down your device completely and start it up again.) The instructions is included in snippets.

Rick Gordon

ICT Co-ordinator

Growing Healthy Minds

Welcome back to Term 4 everyone!

KidsMatter highlighted an article this week, which I found quite timely, considering Term 4 is always a fun, productive and a very busy term.

As adults, we all know the benefits we gain from the right amount of sleep, and children are no different.

Read the following article for some tips and tricks to assist your child to maintain good sleeping patterns.

Sleep and kids’ mental health

Did you know that childhood sleep problems are really common? It is thought that about 40% of primary school kids have an issue of some sort (1), and the rates are higher in early childhood.

It makes sense that sleep and a child’s mental health and wellbeing go hand-in-hand. In fact, insufficient and broken sleep has been associated with numerous issues, such as: increased behavioural, social-emotional and academic problems; trouble starting primary school; ADHD-like symptoms (ie concentration, attention, and impulse-control difficulties); and even depression.

Associate Professor Harriet Hiscock, paediatrician and researcher with the Centre for Community Child Health at The Royal Children’s Hospital Melbourne, says that behavioural sleep problems make up the bulk of issues seen in kids. Chances are you’ve already experienced some of them at your place. For example, she says children may:

- want to co-sleep with adults
- use stalling techniques (‘just five more minutes’, wanting a drink etc)
- refuse to go to bed (engaging in long conversations, tears or tantrums)
- get out of bed frequently (for a drink, the toilet, to talk)
- wake often
- have difficulties getting to and returning to sleep (eg lying awake worrying)
- experience anxiety-related insomnia (more common in primary-age children)
- have nightmares or night terrors.

According to Associate Professor Hiscock, there are many possibilities for why sleep issues are so
“There’s most likely better recognition and help-seeking for sleep problems so more kids are coming to health professionals,” she says. “There’s definitely an increased use of mobile devices and computers in the bedroom that can cause difficulties quieting down, and which reduce the brain’s production of melatonin that helps us go to sleep. Kids are also doing more in their day, so time to sleep is probably not prioritised.”

It’s really important to put a good night’s sleep at the top of the to-do list. When your child is sleeping well, chances are you will be too, which means the whole family will be at their very best, mentally and physically.

Stay tuned for next week, where we will continue with some more productive information about how you can support your child’s mental health and wellbeing. We will start with an article entitled ‘Dealing with bedtime worries and nightmares’.

Lashay Cartledge, on behalf of the KidsMatter Action Team

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How languages can boost your child’s brainpower

The Victorian Government’s Vision for Languages Education

Learning another language is an exciting experience for young children. While they have fun discovering new and unique ways of expressing themselves, they also exercise and strengthen their brains. That is why the Victorian Government is putting young children first in its plan to revitalise languages education.

The best time to start learning a language is early in life, so from 2015, all government schools will provide languages education for Prep students. By 2025, languages education will be universal from Prep to Year 10.

No matter what your child’s ability, research shows that learning another language can:

**Stimulate brain development**

Learning another language helps develop essential areas of children’s brains. It also helps them to think more creatively, connect ideas and solve problems more easily.

**Significantly enhance English literacy skills**

Learning another language means more than just memorising lists of words. Languages all use different “systems.” Children automatically compare and contrast the system of the new language they are learning with English. This gives them an insight to how English works, which accelerates their ability to read and write.

**Improve memory, concentration and numeracy skills**

Learning another language strengthens children’s memory for sequences and their ability to concentrate and build connections.

**Improve overall performance at school**

Learning another language is associated with excellent, long-term academic results. Studies show that in the world’s highest-performing school systems, all students in all year levels learn one or more languages.

**Encourage respect and understanding of other cultures**

Learning another language sparks children’s curiosity for other cultures. It opens their minds to different ways of living and promotes harmony and respect in the schoolyard and beyond.

From 2015 children starting Prep will be able to learn a language throughout their schooling.

This commitment, made in The Victorian Government’s Vision for Languages Education, recognises that learning another language is crucial to preparing children for our increasingly globalised and multilingual jobs market.

Remember, learning any language – whether it’s Italian or Indonesian, Punjabi or Portuguese – helps children to become better thinkers, better communicators and better global citizens.

Starting early will put your child on-track to proficiency in another language, ready to seize the world of opportunities that this brings.
What's Happening
Years 3 to 6

Preparing today's students for tomorrow

It might seem unrealistic now, but in the not-too-distant future positions like this will be a reality. Victorian schools are partnering with parents to ensure every child is prepared for the jobs of the future.

The What's Happening series helps you to learn more about how it's being done.

In years 3 to 6, your child will develop a deeper understanding of the relationship between school, home and the world outside their local community. Your child is now becoming more capable of concentrating on tasks for longer periods of time.

Your child will be supported to ensure their primary school years are positive, challenging and improve their confidence about themselves, their learning and their interactions with others. This is a time when schools provide many opportunities for students to take responsibility for their learning and demonstrate their independence.

Students at this stage

- increase literacy and numeracy skills
- build thinking skills and apply these to the different topics and contexts being explored
- work cooperatively with others to extend their learning
- participate in physical activities to develop motor and movement skills
- express knowledge and understanding in varied ways, including written, spoken and visual presentations

What you can do

- talk to your child about their day. Ask them "What did you find the most interesting today?" "What was your favourite topic area today?"

- share with the teacher your child's areas of interest, as this may support your child to become engaged with their learning

- speak with your child's teacher to learn how they will be covering the curriculum for your child as each school tailors this to meet the needs of your child and their peers

- talk to your children about the topics, themes and areas being taught and have a conversation about it with them.

It is important to remember that each child is different; some may find parts of their learning program more challenging than others.

Speak with your school if you have any questions about what your child is learning and how they are progressing.

In the classroom

The curriculum is organised in eight learning areas: English, maths, science, health and physical education, languages, humanities (including history, geography, civics and citizenship), economics and business, the Arts and technologies including design technologies and digital technologies.

There are also general capabilities included in the curriculum to support students to develop their thinking skills, ethical and intercultural understandings, and personal and social capabilities.

Your child will continue to build on the knowledge and skills developed in English and maths. They will be made aware of new content and ideas to extend their understanding of and thinking about local and national, people, events and issues.
All the little chefs were very excited about making our own style of Tiramisu. We don't use coffee and marsala in our version. Every child made their own style and decorated it with assorted toppings. Their creations were fantastic, they looked just like the ones in the food magazines.

Thank you to the Brown, Fankhauser, Younger, Coops, Frigo, Buckle and Tarenidis families for their donations. Also thank you to Jaqui Frigo, Marina Younger, Cass Buckle, Alba Sadler, Mrs E, Mrs Clark and Martin for helping in the program.

Ingredients we need for next week are strawberries and chocolate block.

We don't cook, we create food.

Liang Dimitroff

BIG THUMBS UP:

-William C FHW: For helping Liang by pushing her trolley full of ingredients to the room and for explaining in front of the class about a blue egg from his chicken.

-Emma W 34E: For picking some vegetables from our school veggie garden to use in the program.

FROM THE PASTICHERIA

-James D 56G: If I sold this, I would be the next millionaire.

-Joshua F 12J: The best piece of food we made at this program.

-William C FHW: The tastiest in the world.

-Jayden B 56G: If I can have 5 more then I would.

-Alex B 12J: Delicious and looks fantastic, I want some more, the best day in my life.

-Anastasia T 34E: The best tiramisu ever, I can't wait to make at home.

-Peter T FHW: It's delicious and really yum also easy to make, I always love to come to the junior chef.

-Ethan C FHW: The best tiramisu I ever made.

-Noah L FHW: Tasted delicious and yum.

-James T 12J: I want to make that again at home, I will show my Mum how to make it.

-Scott M FRG: This is the best thing I ever eaten.

-Nathan G 12J: The yummiest thing in the world.

-Robbi S 12J: The best meal we had this year.

-Eddy S 12J: The best meal in the world.

-Connor R 12J: It blew my head off.

-Andrew F 34E: It tasted delicious and my lemon was extremely sour.

-Nadia S 34E: It was really yummy, and I don't know what to say.

-Emma W 34E: This is the next thing I'm going to create at home.
**From The Sports Coach**

**Division/Regional Athletics** - Congratulations to both Ruby B and Madison H who qualified to participate last Thursday in Division Athletics (Discus). Special mention to Madison who on the day qualified for the Regional level of athletics, but is unable to attend due to other commitments on this day.

**Inter School Sport (Summer)** - This was held today for our Level 5 & 6 children (Cricket, Basketball, Softball, Rounders and Bat Tennis).

**Regional Hoop Time (Basketball) Finals** - Our Level 5 & 6 “Future Stars” (Donvale Donkeys) will participate on Friday 24th October. Our Level 3 & 4 “Future Stars” (Donvale Devils) compete in their division on Thursday 30th October. Good luck to all children.

A FREE Tennis Clinic is planned next Thursday at school (1.30-2.30) for children interested. Please call Vicky on 0403 129 648.

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**Basketball**

“The Demons” Josh McD scored his first goal for the year in last weeks game. Well done Josh! He has worked really hard & improved so much over the year. It was great to see all the boys get excited for him & celebrate with him on the court.

“The Dreamers” would like to welcome Zoe C to the team. She played her first game with The Dreamers on Saturday. She played great defence and good rebounding. She scored her first goal also. Good work Zoe!

Last game last term “The Diamonds” players Olivia and Amelia both scored their personal best of two goals each in the same game. Well done girls.

**Times for this week are as follows:**

**Diamonds:** 9.20 am Leeds st

Demons: 11.50 am Disc 1
Daffodils: 11.00 am Disc 2
Dinosaurs: 12.40 Disc 1
Delights: 8.30 am Disc 2

Dolphins: 12.40 pm Disc 2
Daisies: 11.10 am Disc 2
Dragons: 3.10 pm Disc 2
Dreamers: 8.30 am Disc 1

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**Training Roster for GP room Tuesdays**

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<th>Tuesday, 21 October 2014</th>
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<td>Dreamers</td>
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**UNIFORMS**

For any questions about uniforms speak to your team manager or contact Charmaine at charmaine.neal@bigpond.com

**CONTACT**

For Information, registration forms and snippets news please contact Diana at dianamcn@tpg.com.au or 0434 027 144
Year 5 & 6 Disaster Recovery Unit

We were very pleased to welcome the National Director of Samaritan’s Purse, George Rodrigues, to Donvale this week to receive and acknowledge the efforts of two of our Challenge Based Learning groups.

Jade, Ruby, Amanda, Jake and Joel ran a sausage sizzle at Coles Tunstall Square and raised over $600 towards disaster relief in Australia. Lucy, Rudy and Madison ran a casual dress day, and were able to buy enough toys and goodies to fill 14 shoeboxes to be distributed to poor and needy children throughout the world via Operation Christmas Child.

George was very impressed with the enthusiasm and maturity of the children, and we are once again very proud of this group of students.

Rick Gordon, Lashay Cartledge and Emily Wallis

Year 5/6 Class Teachers

Birthday Wishes To

Ben P, Pavit K, Tommy W

Who are celebrating birthdays from 17th to 23rd October
OSHClub News

Before School / After School Care Program

Program Update

Dear families,

My name is Kate and as of next week I will be stepping into the role of Coordinator at OshClub Donvale. It has been great meeting you all over the last week. Thank you for welcoming me into the school and for making my first week at Donvale Primary so enjoyable! I am looking forward to getting to know you all better and having lots of fun together this term. Special thanks to Jargruti for all her hard work over the last 2 years and we wish her all the best in her new role at Mitcham Primary.

Active Afterschool Care will be starting next week. Mondays will be Tennis and Tuesdays will be Taekwondo.

Reminder to all parents regarding the Pupil Free day on Monday 3rd November.

When / What / How: Please book prior to 27/10/2014. Times:7.00am to 6:00pm
Cost: $13.56 - $48.00 per child (Not including 50% tax rebate)
How to book: Please log in to your account online at www.oshclub.com.au and book in under the aftercare bookings tab.
What happens: Loads of fun for all ages including art/craft, games, sports, drama, board games and fun with friends.
What to bring: Morning tea, lunch and afternoon tea. Also wear/provide appropriate clothing including hats.
Please note: we require a minimum of 15 children to run the day, parents will be notified by end of business on 27/10/2014 if the day will proceed.

Remember to get your hats everyday as we follow “No hat, no play” policy in term 4.

Remember bookings can be made right until 12pm the night before, or you can book on the day by calling or leaving the text message but there will be an extra charge of $3.00 for bookings within 24 hours. If you’re ever stuck and would like your child to attend OSH After School Care you can call me or leave a message on 0402 362 443 and I will get back to you. For some reason if you need to cancel the child from attending the after school care session you can cancel online if it is before 24 hours or leave a text message on the program phone (0402362443/98422261) if it is on the day.

Please remember to update the contact details (Especially the phone numbers and address) on the enrolment form if there is any change. You can do so online.

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<tr>
<td><strong>Before Care Activities</strong></td>
<td>Feather Painting</td>
<td>Tissue Paper Painting</td>
<td>“Bark” Paintings</td>
<td>Scrambled Eggs</td>
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<td>Monopoly</td>
<td>Playground Fun</td>
<td>Children ordering with Coles</td>
<td>GaGa Ball</td>
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<tr>
<td><strong>After Care Activities</strong></td>
<td>Caramel Popcorn</td>
<td>Tissue Paper Painting</td>
<td>Bark Painting</td>
<td>Our Reflection Journal</td>
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<td>AASC- Tennis</td>
<td>AASC- Taekwondo</td>
<td>Computer Time</td>
<td>2 on 2 Basketball</td>
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<td>Group Art Display</td>
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<td>Playground Fun</td>
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OSH program phone: 0402 362 443/9842 2261
Coordinator: Kate
Assistant: Caroline and Jennifer
OSHClub Head Office: 03 85649000

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.
Parent’s Association

DPS Glamour & Ghoul Disco,
Friday 24 October.
Foundation, Grades 1 & 2 – 5.30 – 7.00pm
Grades 3, 4, 5 & 6 – 7.30 – 9.00pm
Order your tickets now - Cost per student - $5.00
Tickets being sent out next week.
Tasty treat available on the night 50 cents TO $2.00 include:
Chips, icypoles, lollies & drinks. Its going be a thriller of a night.
Please contact Jacqui Frigo with any queries. 0414 634 330

VISION PORTRAITS
Friday 7 November.
Work it baby, work it!!
Flyer came home today, amazing value of
$15 sitting fee, & you get free a 10 X 13” framed portrait.
Dress up the family, wear your favorite hat, or bring along grandma.
Professional photos at a bargain price & the school gets the $15 fee!!
Everybody wins.
More photos available for purchase on the night
– but no pressure, & you still get your 10X13” regardless.
Book your appointment, & pay your $15 fee online now to avoid disappointment, or pay $15 cash at the office

Next PA meeting is going to be huge!!
PA meeting Friday 14 November in the Library straight after school.
3.40pm start.
Light refreshments served to parents (& associated kids) attending.
This is an important planning meeting for next year’s activities.
Come & give your ideas.
New ideas & faces needed – or just come for the food.

STAY TUNED ♪♫ ♪
Great things to come…………..

Meal Deal Day – Wednesday 12 November – it’s going to be delish.
*****
Bunnings BBQ – Saturday 29 November
Huge fundraiser for the school, good fun, roster for helpers coming out soon.
*****
State Election – Cake Stall & Sausage Sizzle
Saturday 29 November
We want you!! Vote, eat, help.

Icy pole Recess
Bring it on!!
Tuesday 2 & 9 December
*****
Christmas Stall
Friday 12 December – start saving your bickies……..
*****
Christmas Carols on the Lawn
Final Year gathering
Tuesday 16 December from 6pm.
BYO picnic, blanket & yuletide joy.
How To Install Skoolbag On Your Smartphone

**iPhone & iPad Users**

1. Click the “App Store” icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click “Free” then “install”.
4. If iPad, change the drop list to “iPhone Apps”, your school will then be visible, click “Free” then “install”.
5. When installed click “Open”.
6. Select “OK” to receive push notifications, when asked.
7. Click the “More” button on the bottom right of the App, then “Setup”.
8. Toggle on the Push Categories that are applicable for you.

**Android Users**

You must first have signed up with a Google Account before installing the app.

1. Click the “Play Store” button on your Android Device.
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the “Install” button.
5. Click “Accept” for various permissions (please note, we do not modify any of your personal data on your device).
6. Click “Open” when installed.
7. Click the “More” button on the bottom right of the App, then “Setup”.
8. Toggle on the Push Categories that are applicable for you.
Advertising Material

More information on the following advertising is available from the office:

Chinese Medicine Practice - Highly qualified Practitioner now open in Doncaster East.

Park Orchards Farmer’s Market—Saturday 18th October 9am-1pm.

The Pines Library (Manningham Council) - Insights for Parents and Teachers of Children with learning difficulties - FREE Session at the Pines Library Wed 5 November 6.30-8.00pm. Bookings are essential.

Doncaster Saints Little Athletics Club - Registrations now open for 2014/2015 season.

All For Kids Market - Saturday 18th October 9-1pm. New Hope Church Blackburn Sth.

Dance, Drama and Vocal - Building skills for life through the joy of performance. 17 convenient locations.