Snippets

2nd June 2011

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Donvale Primary School provides students with a positive educational experience to achieve their potential in a comprehensive learning environment that is caring, secure and stimulating.

WEEKLY DIARY

Friday 3rd June
• 2.15-3.15: Level 2 Gymnastics

Monday 6th June
• 2.15-3.15: Level 4 (4H, 4P) Gymnastics
• Viva Soccer Program

Tuesday 7th June
• 2.15-3.15: Level 4 (4G, 4R) Gymnastics

Wednesday 8th June
• Division Cross Country at Yarra Glen Racecourse

Thursday 9th June
• Student Banking Day
• 2.15-3.15: Level 1 Gymnastics

Friday 10th June
• 2.15-3.15: Level 2 Gymnastics
• 9.30-4.00pm: Senior Choir at Festival of Choirs - Federation Square
• 2.00-3.00pm: Leapfrog Program

PRINCIPAL’S REPORT

Some great information...
Last night, over 30 families took the opportunity to gain some very valuable information about Cyber Safety. Mr Gordon organised for the Australian Federal Police and Microsoft to combine in an hour and a half presentation, talking about many aspects of Cyber safety in the community. The presentation went through a number of topics including:
• Cyber bullying
• Strategies at home to keep your child cyber safe
• Inappropriate messaging
• Children being exploited by adults
• Illegal scams
• Non appropriate internet sites
• Mobile phone inappropriate use
• The future
A reoccurring message coming through was a number of critical things:
• As parents we need to be aware and take control of our children’s access and use of this technology
• Keep communication open with your children. Talk about it.
• Children will make mistakes, assist them to learn from this
• Children have grown up with this technology. Ignorance is not an option for adults. For your child’s safety you need to be involved and monitoring their use
• Do not underestimate your child’s skill with this technology. They will surprise you.

As a school, we are working very hard to assist your children in being capable but also making the correct choices in regards using this technology. At school, we can only do so much. At home you need to be acutely aware of the dangers and act accordingly to protect your child from inappropriate access and potential criminal acts. This will not go away!!!

This presentation is only one element of our Cyber Awareness program. In the coming weeks and months, across our school we will be providing instruction and information to assist you and your child to stay Cyber safe. However, I cannot stress strongly enough to each family, make an ongoing serious commitment to closely monitor your child’s access and use of computers and mobile phones. The examples which were cited at the presentation are chilling and when personally explained, can very easily occur. We all need to be very vigilant as a school community for your child’s sake.
Student’s Mobile Phones

Mobile phones are not permitted with students during a school day. They can be a major distraction, temptation and create opportunities for inappropriate use. On arrival they must be handed in to our office staff. They can then be collected at the end of the school day from the office. This policy is fully endorsed by your School Council. A student who is found to breach this policy will be given one warning. If they transgress again, their permission to bring the phone to school will be withdrawn. This policy is in the very best interest of all our students and staff. I would ask that you respect this and ensure your child adheres to this request at all times.

University of NSW tests

A reminder that a significant number of our students have opted to sit the University of NSW test this year. The dates and curriculum areas being tested are:

- Science- Wednesday 8th June
- Spelling- Tuesday 21st June
- Writing- Tuesday 21st June
- English- Tuesday 2nd August
- Maths- Tuesday 16th August

We wish all these students the very best as they do their best. For further details talk to Mrs Signorini.

• Liang & Martin Dimitroff who have wholeheartedly taken on Donvale Junior Chef which is each Tuesday at lunchtime in our OSHClub room. Groups are being created and students who have indicated they are interested in Level 3 & 4 will be involved during term 2 & 3. We expect level 1 & 2 will be involved in Term 4.
• Mrs Clarke who has put a huge amount of her own time and energy into training and rehearsing our Senior Choir. They performed last week at Tunstall Square. Had a “bake for the bus”, stall yesterday and next Friday 10th are taking part in a whole day workshop in Federation Square, culminating in a combined choir performance in the evening. They sound sensational, and the close camaraderie between the singers is fantastic. We look forward to hearing them perform soon at Monday morning Assembly and enchant us all.

Enjoy the warmth during these days....

GARRY BRIGGS

The Assistant Principal

Student Support Services

At Donvale we are fortunate to have the services of a psychologist and speech pathologist who come to our school each week. Chris Prassinos our school psychologist comes to Donvale each Monday while Joni Chee our school speech pathologist visits us on Wednesdays. Both Chris and Joni offer services and support to students who have been referred to them. Chris is able to conduct cognitive assessments and provide counselling for a range of social, emotional and behavioural issues. Joni is able to conduct language assessments and provide follow up sessions with students to assist with speech difficulties. In many cases support strategies and recommendations are passed on to the classroom teachers to implement. Chris and Joni provide a caring support system that greatly benefits students, teachers and families. If you would like more information about the services offered please contact the school.

Ian McKinlay

General News

FRUIT NEXT WEEK:

3SG

FROM THE OFFICE

• Headlice
Unfortunately we have had a few cases reported. Reminder, please continue to monitor your child’s hair closely. We appreciate the support from all families in regards this matter. Students with long hair are very strongly advised to tie it back while at school.

• Emergency Contact Details
Parents could you please let the office know if you have changed any of your contact details (work, home and mobile) or address. It is in your child’s own interest that we have our records up-to-date at all times in case of an emergency, etc.

• Sick Bay
The school has a sick bay and a number of Level 2 First-Aid Staff. The school is not equipped to look after students who are sent to school already unwell or re-dress old wounds. Sick bay is simply there to deal with children who fall ill or are injured during the course of the day.

• Uniform
The uniform shop is open every Monday morning from 8.30-9.30 and the first Wednesday of the month from 3.00-4.00pm. If you are unable to attend, you may place an order by completing an order

THE ASSISTANT PRINCIPAL

GARRY BRIGGS

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form and forwarding this together with cash/cheque or credit card details. Orders will be delivered to your child each. Order forms are available from the office.

- **2nd Hand Uniform**
  Available on a Monday afternoon. Please let the office know during the day if you wish to purchase anything.

**KILOMETRE CLUB**

Kilometre Club WILL NOT be ‘running’ over 2nd Term. We will start again in Term 3, weather permitting. Thanks to all those who joined in.

**CORKS FOR MELBOURNE ZOO ELEPHANTS**

Don’t throw away your wine/champagne corks, plastic and aluminium wine stoppers. We have a box outside the office for collection.

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**From The Sports Coach**

Level 4 participated in their basketball day last Friday at the Kilsyth Basketball Stadium. All the children participated in a number of games ranging from Rookies (never played competition basketball), Future Stars (have played some level of competition basketball) to All Stars (play a higher level or Friday night competition basketball). It was a most successful day for all children and one that many will not forget for a very long time.

Thanks to our Level 4 teachers, support staff and again the many parents who attended/assisted on this day (coached, scorers and time keepers).

Special mention to Anna Lanigan for supplying 8 sets of tops and then washed them that night for use on Saturday. One of our Future Stars team (Donvale Devils) won their section and have qualified to progress to the next stage (Regionals) later in the year. Well done kids.

Division Cross Country is next Wednesday for our eight qualified runners at Yarra Glen. Thanks to those parents who will assist with transport. Our children are Bridget B, Gabby De, Julia H, Stuart F, Nick & Jon H, James B and Billy Mc. Keep up the training and good luck.

Viva Soccer (weather permitting) continues next Monday at 3.30 and Gymnastics for Levels 4, 2 and 1 continues next week.

Our Walk To School Day last Friday was most successful. Thanks to the children and parents (approx. 210) who supported the exercise.

*Mr Pianta*

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**DQC**

**Donvale Junior Chef**

**Donvale Steam Dimsim**

Makes about 16 dimsims.

**What you need:**

- Dimsim wrapper/wonton wrapper.
  (Available at Asian grocers or supermarkets).

**Decoration:**

- A few coriander leaves.
- “Letter D”, made from thinly sliced carrots cut in ½ to form the letter “D”.

**Filling mixture:**

- 250gm of minced pork.
- 1 egg white.
- 1 garlic clove (chopped).
- 1 cup chopped Bok Choy (or Chinese cabbage, ordinary cabbage or even lettuce).
- ½ cup chopped onion.
- 1 table spoon chopped spring onion (optional just for colour).
- 1 table spoon chopped carrot (also optional just for colour).
- 3 table spoons light soy sauce.
- 1 table spoon salt (vary to taste).
- ¼ table spoon ground white pepper.
- 1 table spoon sugar.
- 2 table spoons corn floor.

**Method:**

- Mix all filling ingredients together well.
- Take 1 wrapper, dab a bit of water over it using your finger.
- Take a heaped tea spoon of the mixture and place in the centre of the wrapper.
- Pinch all of the sides over the mixture to the centre.
- Put a letter “D” on top.
- Steam for about 15 minutes.
- Serve with whatever sauce you like, such as soy, sweet chilli or chilli sauce.

**Enjoy.**

Cooked dimsims can be frozen for up to six months.

*Photo and recipe copyright 2011 Liang Dimitroff.*
STORIES FROM THE STUDENTS

Donvale Junior Chef Club
Permission forms were handed out last week. Included with snippets is another form. Please send back to school ASAP if your child wants to join in, otherwise they can’t participate in this program. We are doing the program every Tuesday only for this term, starting on the 14th June. Because so many children want to join in (which is very good), we have to divide the children into groups. Every group will be cooking different food. Term 2 and 3 is only for Levels 3 and 4. Term 4 will be for Levels 1 and 2. For more information, please ask us or Mr Briggs. We don’t cook, we create food.

Liang Dimitroff

Pizza Margarita
It is unavailable until further notice. There have been some manufacturing problems. Sorry for the inconvenience. I will inform you when it’s available ASAP.

Winter MEAL DEALS - ALL $5.00
- Valid until end of Term 2, 2011

Monday’s
Nachos + Mini Choc Muffin + Minke Ice Drink

Tuesday’s
Mac Cheese + Mini Choc Muffin + Just Juice (Apple or Orange)

Wednesday’s
Hotdog & sauce + Mini Choc Muffin + Big M (Choc or Strawberry)

Keep Healthy, Keep Warm
Angie (cookie)
Canteen Management Services

Level 4 Hooptime
Last Friday all Level 4 students attended a full day of basketball at Kilsyth Sports Stadium. There were 10 teams ranging from experienced players right through to first timers on the court. Everyone had some wins and some losses with a great day of fun and excitement mixed in. One Future Star team at this time will represent Donvale Primary School in the Regional Finals later in the year. The children are Jessica & Ben S, Bridget B, Maddy T, Amy R, Luke H, Julia H, Tia M and Stuart F.

Special thanks must go to all the students for their fantastic behaviour on the day plus the many parents who stepped in to help with scoring. A special mention must go to Anna Lannigan for her amazing support in supplying so many sets of singlets and coaching and scoring tirelessly all day. Also thanks must go to all the teachers, support staff, Erica Thorn, Jac Murphy and Rachel Williamson who coached and help organise a very special day for all the Level 4 students.

Luanda Pianta

McDonalds Hoop Time 2011
54321! Eeeeeeeeeeooow! Eeeeeeeeeeooow! Eeeeeeeeeeooow! I thought I’m going to be deaf for awhile, but I wasn’t. I hate the siren when it goes! We were at the McDonalds hoop time comp (Basketball). My team, Venom, we’ll be on next. It was really nerve wracking to wait, but I didn’t care.

Bang! Someone pushed me and I fell on the floor, he twisted my arm. I thought it would be a foul, but I was wrong. We’ll when the ref is wrong, the ref is right. Everybody got to be on the court 2 times, so it will be fair.

The opponents on Bayswater Bobcats are good and I think they should be a future stars team. The students were divided into groups; the All Stars have the best players in grade 5 and 6, the Future Stars are okay at basketball and the Rookies might never have touched a basketball.

After the games, the all stars-boys were in the grand final, but unfortunately they didn’t win. But they got a Hoop time T-shirt!

Matthew T, 4G
I woke up and already my legs were feeling stiff. I guess they were feeling the excitement of going to the cross country as well as I was. I got up and had a humongous breakfast of three Weet-bix, one bowl of Nutri-grain and four slices of toast.

For the first time this year I was excited about going to school because I knew that the whole day was going to be spent doing cross country. When the announcement came over for the cross country people I knew the day would only go uphill from here. (Unfortunately it did but in a kind of bad way). When we got to the track they do the briefing like they did every year. Finally the races started and the twelve year old girls went first then I did a bit of problem solving of what I knew and what they had just told me and I worked out that I was in the fourth race. Ok I thought to myself this is it, I watched the starter as he raised his gun and BANG the race was on. I did what my father had told me to do and I ran at the start and then I settled in to a rhythm I was in the top ten. And I was not planning to let that position drop.

“Oooh” I groaned, I was about two thirds trough a three km race and I was thinking How can they do this to kids? I was in so much pain when I saw... the KILLER HILL. I knew it was almost the end of the race all I had to do was get up the hill.

“You’re in eleventh place, quick “faster” who was that? All of a sudden I remembered my dad. Then out of nowhere came a burst of energy and I ran as fast as I could up the hill that was it the finish line all I had to do was get down the hill and I would get in to Division cross country I started to run like a machine, I could not stop (not that I wanted to). That was it. I was over the line and I felt pain all over my body but I did not care, I was in Division!

By Nick H
ZUMBA CLASSES
At Donvale Primary School
Tuesday and Thursday 7-8pm in the G.P. Room

What is Zumba?
Zumba blends latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Zumba fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life!

First class: $5
Casual class $12.00 per session
Buy 5 sessions for $45 and get 1 session free
Buy 10 sessions for $90 and get 1 session free

Contact: Danielle on 0425 754 246 or email spiceupyourlife85@gmail.com

Tunstall Square Kindergarten
Established for over 40 years

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A play-based creative learning program covering language, arts, science, maths and social/ emotional skills
Attractive and inviting indoor and outdoor settings
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Limited placements for 2012 3 year old programs still available
Feel free to visit or for any enquiries:
Corner Tunstall Road & Maggs Street
East Doncaster 3109
9842 9655

Winter and Asthma

With the winter months approaching, it is important to be aware of the triggers that can affect your asthma at this time of year.

Sudden changes in temperature
Certain weather situations like very cold temperatures, humidity and dry air can trigger asthma symptoms. In a school environment, students are exposed to sudden temperature changes many times during the day as they go between heated classroom environments to outdoor activities and lunch breaks.
Wearing a scarf over the mouth and nose is recommended as it can help to warm the air as you breathe in.
Exercise-induced asthma may be exacerbated by breathing in colder air than usual, so ensure that you take your reliever puffer 5-20 minutes prior to exercise, warm up adequately, monitor your symptoms during exercise, and have a blue reliever puffer handy in case of an asthma attack.

Thunderstorms
Thunderstorms can be an asthma trigger for some people, as raindrops can cause grains to be broken down into hundreds of tiny allergen-containing particles – allowing them to penetrate the lungs.
If you experience asthma symptoms during thunderstorms, it is best to stay inside with windows closed, and ensure that you update your asthma action plan with your doctor outlining the management of your day to day asthma, what to do if your symptoms worsen, and the first aid procedure in the event of an asthma attack.

For further information please contact the Asthma Foundation of Victoria on 1800 645 130 or email schools@asthma.org.au
Introducing ACCESS ministries

ACCESS ministries is an inter-church body (representing twelve Christian denominations) which provides Christian religious education (CRE) and Chaplaincy in State schools in Victoria, under the provision of the Education Act 1958 (revised 1996 and 2006).

What is CRE?

Christian religious education is a 30-minute weekly program for Prep to Year 6 taught in the classroom.

CRE teachers, representing the Christian churches are approved by the Minister for Education, have a Working With Children Check, and are trained and accredited through ACCESS ministries.

CRE complements the state school curriculum and uses an Agreed Syllabus published by ACCESS ministries. The training program for CRE teachers is regularly updated to reflect best practice in contemporary education. You have the right to withdraw your child from the program. The Victorian Education Act and Regulations make provision for students to receive 30 minutes of religious education each week as a normal part of their schooling.

The CRE curriculum

The CRE curriculum engages kids, is easy to follow and helps students make good life choices. It makes connections between the student, values, the Bible and the Christian way of life. The curriculum introduces students to the key beliefs and values of the Christian faith and makes connections with their lives as individuals and as members of a community. It challenges them to apply the values they learn in the context of biblical teaching to the decisions and choices they make on a day-to-day basis.

Values and the CRE Curriculum

The importance of values in national, community and one's personal life is being increasingly recognised. In the CRE curriculum, there are strong correlations between the content of the lessons and values. The values espoused in state and national curricula are reflected in the material. Such values as care, compassion, respect, honesty and trustworthiness are referenced in the material.

Curriculum Books

Each CRE teacher commits to work from the Teacher Book designed for the age group they are teaching. This explains what they are to teach and ways in which it may be taught.

Each student has a Student Workbook in which is recorded some of the learning that takes place. The students complete one book each semester (half year).
Expression of Interest
Donvale Junior Chef Club

We will be having a meeting every second Tuesday at lunch time in the 'Before and After School Care' room.

We are focused on creativity, how to produce healthy, yummy and beautiful food from simple, fresh and cheap ingredients. Also, covering basic food safety and hygiene.

As we don't know "exactly" what is in some of the sauces, we will only take children with no food allergies.

We can't take too many children at once, so there will only be a maximum of 20 children in a group.

If your child is interested in this program, please return the form below to school ASAP so we can finalise the groups.

For any enquiries, please contact Garry Briggs, Stacey or myself.

Thank you.
Liang Dimitroff and Stacey Browne

Donvale Junior Chef Club

My child ___________________________ in class ____________ is interested in joining the Donvale Junior Chef Club, and he/she has no food allergies.

Parent's signature ______________________ Date ___________________